

Tattoo Care Instructions

Tattoo Cadre recommends Recovery Derm Shield, Recovery Aftercare Soap, and Recovery Lotion. If you have any questions or concerns about the healing process, please contact your artist or call (505) 881-2437 during business hours.

Derm Shield Aftercare

It is important to rely on the guidance of your artist for the proper aftercare of your tattoo. The long life of your tattoo depends upon the care you give it within the first critical weeks of healing.

What should I expect?

- Peeling
- Itchiness
- Possible scabbing
- Redness
- Swelling within the first 2 or 3 days

What should I NOT do?

- DO NOT pick or scratch your tattoo
- DO NOT clean with peroxide or alcohol
- DO NOT go swimming / submerge your tattoo under water until healed
- DO NOT expose your fresh tattoo to direct sunlight
- DO NOT touch the tattoo without washing hands thoroughly beforehand

How do I care for my tattoo?

1. Your artist will apply one sheet of Recovery Derm Shield to your tattoo after application. The first Derm Shield application should stay in place for up to 24 hours, and no longer. It is normal for blood and fluids to collect under the bandage.
2. After 24 hours, while taking a shower, gently peel the Derm Shield off starting from the top. Gently clean area using an unscented soap and water.
3. Take a clean towel and gently dab excess water off until fully dry.
4. With clean fingers, gently apply a THIN layer of Recovery Lotion over your entire tattoo, avoid getting lotion on the skin surrounding the tattoo.
5. Re-apply a second sheet of Derm Shield. Cut the Derm Shield to cover tattooed area, plus a 1 to 2 inch margin from the edge of the tattoo. Peel off paper backing to

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expose adhesive side and position the Derm Shield over the tattoo with the adhesive side facing the skin. Gently apply using light pressure, starting from the center to the edges to eliminate air bubbles. Do not stretch the Derm Shield during application. Peel off the plastic layer with the X marks and smooth out the Derm shield. This piece can be worn up to 6 days, but no longer than 6 days.

6. When it is time to take off the second Derm Shield, follow steps 2-4.

7. For the next two weeks, wash the tattoo with soap and water twice a day. Pat dry with a clean towel and apply thin layers of Recovery Lotion 3-5 times a day. It will be fully healed at around 3 weeks, but lotion can be applied as often as you want to moisturize your tattoo after it is healed!